

Woman's Page

There is No Absolute Statement as to Where the Most Fashionable Waistline Is—Low Belt Line Little Ahead—Wealth of Sashes Used With Wired Tunic—How to Walk Properly and Healthfully—Eccentric and Fashionable Walks—Recipes for Graham Rolls and Wafers.

WAISTLINE HIGH OR LOW: EXACT LOCATION VAGUE

It isn't often such a substantial and necessary adjunct of feminine apparel as the waist line is allowed the restless perambulations this season has permitted, and it seems stationary affair than it did three months ago. Indeed, its restlessness appears to be daily increasing.

Candidly there is absolutely no stating where the most fashionable waist line is. Sometimes it rises high up under the bust at empire height, while again it is discovered dipping low down, fully three and even four inches below its normal position. In fact, in some instances there is no waist line to be discovered at all, except perhaps a faint suggestion at the sides where the surplus draping of the bodice might be guessed to follow the supposed line of the conventional waist.

This shifting panorama of waist positions is a most comfortable lastness for women in general. For the woman who is long bodied the high waist line is a welcome subterfuge, while, on the other hand, the woman who is long from the waist down can wear the dropped line at the belt most becomingly.

One extreme example of the waist line vagaries was illustrated rather sensationally in a suit shown not long ago, when the belt line both rose and fell in alternating fashion. The suit was of pale blue serge with an extravagantly puffed tunic of sea blue satin. Beaded pendants falling from the short jacket were the only trimmings. High in the front the jacket closed and the under rose, both dipping together at each side and then rising high again at the back. The effect was decidedly bizarre and not to be called handsome by any stretch of the imagination.

It is in the smart tailored suit especially that the belt line falls so extravagantly low, and as there is no attempt made these days to enforce a small waist measurement there is

accordingly no protest made on the part of the women against the added inches to the circumference of the waist. Anywhere from thirty-two to forty-two inches is the belt measure of the sash, moire and patent leather belts of huge widths now shown in the shops.

This same low belt is being introduced in outside wraps. Somehow it seems a style wrested from some primitive folk back in bygone days of which one has but a shadowy conception, though its quick grip on the public is accounted for by the fact that it affords a positive youthfulness to even a mature figure; which quality is a certain lodestone of attraction and success to any startling innovation.

There are those who say that the Russian blouse struck a much more significant note than any imagined and that it is directly responsible for this dip downwards of the waist line. The width of its belt forced a longer waist line in order to give the figure any grace at all, as well as the fact of its excessive sloppiness, falling so loosely about the belt and requiring something decisive to mark the line between the waist and skirt.

A wealth of sashes is being lavishly offered conjunctively with the stiffly wired tunic. Heavily brocaded moires are swathed seraglio style about the hips, clinging close and holding in the first fold of the tunic. Again huge, almost shapeless, loops of expensively beaded ribbons fasten high in the front with long tasseled ends that drop quite to the floor.

HOW TO WALK PROPERLY

The people who do not know how to walk properly neglect the breath of life. I see many women walking along the streets with a tired, bored expression on their faces, which says they do not enjoy exercise. They sink along as if they were hardly able to walk. Walking is most exhilarating when done correctly. To step out with head erect, chest out,

and feet comfortably shod should be a joyful duty to yourself.

Each time the foot strikes the ground it is the true center of gravity of the whole body, one moving limb swinging free without any muscular bearing upon the other. The people who think they cannot walk drag one foot after the other slowly and languidly and carry the body in a strained position, which abuses some muscles and leaves others dormant. This manner of walking would tire an athlete and naturally exhausts a delicate person.

To keep the greatest advantage from the walking physical comfort must be studied, then the mind will direct the method and the body will respond delightfully to right ways of doing things. If the walk can be taken where there is much to divert one it will be found most beneficial. The exercise will continue while the mind is occupied, thus accomplishing a duty unconsciously.

Breathing as deeply as possible and occasionally drawing in a deep breath and holding it as long as you can while walking will expand the lungs, strengthen the diaphragm and back muscles, and aid digestion and health.

The eccentric, one time fashionable walk, striding forward with the chin stretched out in a leaning position, is now a thing of the past. It was a few years ago quite a habit with the unreasoning girls and women. It soon lost its popularity, however, because it had a tendency to strain the neck muscles, and instead of making walking a pleasure it caused back-aches and spine curvature.

The fault to be seen in the present style of walking is the tendency to let the weight drop back upon the hips. The lagging gait, the dragging walk, throws every bit of weight back upon the spine. This entails exhausting fatigue because the body is out of poise. To walk gracefully is to walk correctly, and other things being equal to be able to walk a distance without fatigue.

Utility and beauty are often opposed to each other in the world of man made things, but in all that applies to the physiological machinery the greatest beauty is the greatest utility. There is no exercise so thoroughly invigorating and restorative to the overworked nervous system as a good brisk walk.

GRAHAM RECIPES

GRAHAM ROLLS

One beaten egg, one cupful of sour milk, one tablespoonful of sugar or molasses, one scanty level teaspoonful of soda (scant to a half teaspoonful if the milk is not very sour), a pinch of salt, one tablespoonful of white flour and graham flour to make a batter not very thick. Stir soda with flour and salt into graham and stir together. The batter should readily, but not too easily, run off the spoon into a hot buttered roll pan. The quality of the flour will make a good deal of difference as to quality, and so will sifting, but for a true graham roll and flour should not be sifted.

SWEET GRAHAM WAFERS

One-half cupful of granulated sugar, one-half cupful of sour cream, one-half teaspoonful of soda, one-half teaspoonful of salt, one heaping cupful of sifted graham flour, white flour to handle and to use under dough and on rolling pin when rolling out. Put sour cream into an earthen mixing bowl, add soda and stir the two together, add sugar, then salt and flour and stir until stiff. Put the white flour on the bread board, make the dough up into a flour covered ball, then roll it out very thin, and cut out the wafers with either round or oblong cutter, or both. Wafers cut with a round cutter two inches in diameter or with a knife into dominoes are a nice size, and this amount of dough will make between two and three dozen of them. If a knife is used for the cutting, sugar may be sprinkled over the rolled out dough, otherwise on each wafer. Prick with a fork before baking. Bake in a rather slow oven until crisp and brown.

WOMEN SEEK REASON FOR FILING PETITION

Salt Lake, Nov. 7.—Armed with a communication setting out half a dozen possible and partial solutions of the smoke problem, a delegation from the Ladies Literary Club called on the city commission yesterday to ask why the club's recent petition to the commission on the same subject had been "filed" without action.

This arrival precipitated a discussion of the smoke question that lasted until after the noon hour. It was productive of no definite action, however.

The club women urged the passage of an ordinance prohibiting the use of unscrupulous slack coal in Salt Lake, also an ordinance licensing firemen, the establishment of a central heating station and creation of the office of boiler inspector. In reply they were told that the question of ordinance governing the kind of fuel and licensing firemen were now under consideration, and that the creation of a department of smoke inspection likewise was being considered.

Mayor Samuel C. Park explained that the commission's action in filing the club's previous communication was merely for the purpose of preserving it on the records and not for the usual purpose of disposing of it.

The mayor furnished the delegation with many figures and facts relative to the smoke problem, all tending to show that the city government is doing all in its power at present to cope with the evil. W. H. Bywater, fire chief, presented a number of photographs to show that improvement had been made in some parts of the city.

Through the fire chief and his smoke inspectors the mayor has obtained data showing that 63 per cent of the smoke burned in Salt Lake is burned in private dwelling houses, of which there are 23,000 in the city. The other 37 per cent is burned in the larger plants of the city, and in these plants the method of firing is 50 per cent better than in the residence sections.

ERB MAY ASK UTAH FINANCIERS TO AID ROAD, SAYS BABCOCK

Salt Lake, Nov. 7.—Stephen H. Babcock of Denver, who was formerly manager of the Commercial club traffic bureau and who handled the Salt Lake rate cases before the interstate commerce commission, arrived at the Hotel Utah last night from California, where he has been on a visit. He will remain in Salt Lake until the end of the present month, when he expects to return to Denver.

Since leaving the city Mr. Babcock has been traffic manager for the Denver, Northwestern & Pacific, now known as the Denver & Salt Lake. He was granted an indefinite leave of absence from the Moffat road when Newman Erb became president.

Mr. Babcock said last night that he could not discuss the proposed raise in rates set for November 15 by local railroad companies, as he had not seen the new tariff sheets. He thought that it was a sympathetic raise with the proposed 5 per cent raise in rates by trunk lines east of the Mississippi.

He said that the coming of the Denver & Salt Lake railroad into Utah would mean great things for the Uinta valley, as the great deposits of gypsum and hydro-carbons could be sent east without great expense. Denver is to vote on a proposed \$3,000,000 bond issue to assist the railroad to tunnel James Peak.

Mr. Erb would ask help from Salt Lake in the event that the Denver bond issue carries. The agreement which Erb has with Denver is that, if it will give \$3,000,000 toward completing the James peak tunnel, he will complete the road into Salt Lake in five years.

BAD FRUIT IS CONDEMNED

Salt Lake, Nov. 7.—Special attention has been given by the county horticultural department during the past month to the local markets, with the result that considerable bad fruit and other products have been condemned and kept off the market.

In his monthly report submitted to the county commissioners yesterday, J. C. Stay, county horticulturist, says: "The horticultural department has looked after the early morning market, commission houses, peddlers and depots, as to the condition of the fruits being unloaded in Salt Lake county. There has been inspected on the local market 6500 bushels of apples, 350 bushels of pears. At the depots 63 local shipments and 14 carloads with an average of 600 boxes of apples to the car. There has been 12 cars of apples shipped out of Salt Lake county that will be a credit to us, as they were grown here and packed by experienced packers which good returns have been paid. The amount of fruit condemned and destroyed is 43 bushels of apples and 10 bushels of pears, most of which has been hauled in from surrounding counties.

"Only two deputies have worked this month, one fourteen days and the other six days. The nursery stock was never finer than it is this year, almost all being apparently free from insect pests. Nursery digging has commenced quite heavily and the stock is in fine shape to pull through the winter."

ABRAHAM LINCOLN SUPERIOR TO ALL

Oxford, England, Nov. 7.—Lord Curzon of Kedleston, chancellor of Oxford university, in delivering tonight's Rede lecture on "Parliamentary Eloquence," declared he would escape the task of deciding what Briton was the master of modern English eloquence by declaring that an American, Abraham Lincoln, was superior to all.

HOOSIERS TO PLAY IOWA

Bloomington, Ind., Nov. 7.—Indiana University's football squad, composed of twenty-five men, departed last night for Iowa City where the Hoosiers will play the Iowa University team Saturday. The final work was held yesterday and consisted of light signal practice. Captain Davis, who was injured in the Chicago game will not play Saturday.

JUSTICE HOLMES CITES ODD CASES

Washington, D. C., Nov. 7.—Justice Holmes has the reputation of citing more peculiar cases from the old law books than any other justice of the supreme court of the United States. The latest he has told from the bench to the amusement of his associates was during the argument in a libel suit in which it was being contended that the declaration was insufficient because the offense was not stated properly.

"That leads me to recall a case in the old books," said the justice, "where an indictment set forth that Mexicans whom I struck a man on the head splitting the skull until a portion fell down on either shoulder, and the court held the indictment defective because it did not allege that the man was killed."

TAXI CHAUFFEURS MAKE COMPROMISE

New York, Nov. 7.—Nearly 1000 taxicab chauffeurs decided at a mass meeting today to accept an eleven-hour working day offered by the employers, thus receding from their demand for a ten-hour day, to enforce which they threatened to strike. The men formerly worked twelve hours.

MEXICAN WOMEN ARE FORCED INTO ARMY

Mexico City, Mex., Nov. 7.—Unusual activity in recruiting has been displayed recently. So great has become the fear of conscription that Mexicans whom dark forces have begun to be out after dark have begun to carry credentials, showing they have steady employment.

Many of the humbler classes have been drafted. More than 2500 are reported to have been added to the army by conscription this week. It is said not even women are exempt, many having been forced to become "Sol Daderas" who accompany the Mexican army to look after the men.

EILLS EXTRADITION DENIED BY JAPAN

Tokio, Nov. 7.—The extradition to the United States of John Eills, business manager of the Japanex Advertiser has been refused by the gov-

ernment. Eills was arrested on a charge of perjury October 13 on a requisition from the American ambassador. He was said to be wanted in Boston for the abduction of his daughter. Abduction is not an extraditable offense and for this reason the American ambassador asked for the arrest of Eills on a perjury charge.

Eills requested the Japanese not to deliver him up, stating he desired to acquire Japanese citizenship. The ministry of justice decided the evidence in the perjury charge was not sufficient to justify the commitment of Eills for trial in Japan. Eills therefore was released.

PLAN BIG WELCOME FOR LABOR LEADER

Salt Lake, Nov. 7.—According to Sam Scarlett, secretary of the Salt Lake branch of the I. W. W., the address of Tom Mann, one of England's foremost labor leaders, which takes place Sunday night at the Garrick theatre, will attract the attention of men employed on the Soldier Summit de-

"SOME BREAD, THIS; where did you buy it?"

"Buy it? I like your nerve. That bread, my dear sir, was made by yours truly, from

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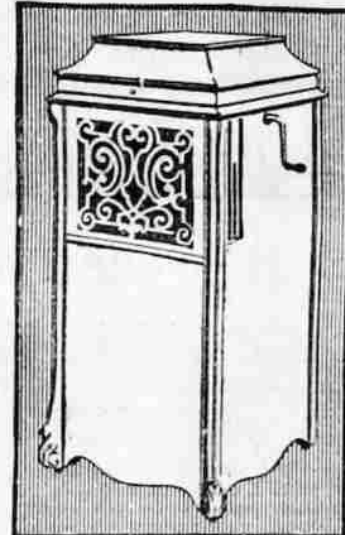
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four of the D & R G. "We estimate that more than one-half of the men employed on the de-tour at Tucker will be in Salt Lake to give Tom Mann a big reception," said Secretary Scarlett last night. "They will come to Salt Lake Saturday and we intend to make the affair one of the biggest labor demonstrations in the history of Salt Lake."

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